

Get health answers 24/7

Aetna Health ConnectionsSM Health and Wellness Resources Informed Health[®] Line

When you have an Aetna health benefits and health insurance plan, you have instant access to the information you need.

Our tools and resources can help you:

- Make more informed decisions about your care
- Communicate better with your doctors
- Save time and money, by showing you how to get the right care at the right time

Get health information from a nurse at any time

When you call our Informed Health Line, you can:

- Talk directly to a registered nurse. Our nurses can discuss a wide variety of health and wellness topics.

Use our 24-hour Informed Health Line, online resources and more. Sign up for an Aetna health plan today.

Health benefits and health insurance plans are offered, underwritten or administered by: Aetna Health Inc., Aetna Health of California Inc., Aetna Health of the Carolinas Inc., Aetna Health of Illinois Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.

Material is for information only. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is subject to change. Health benefits and health insurance plans contain exclusions and limitations. For more information about Aetna plans, refer to www.aetna.com.

Policy forms issued in Oklahoma include: HMO/OK COC-5 09/07, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23 and/or GR-29.

Talk to a registered nurse whenever you have a health question.

- Listen to the Audio Health Library.* It explains thousands of health conditions in English and Spanish. Transfer easily to a registered nurse at any time during the call.

Go online for even more health information

Use the Healthwise[®] Knowledgebase to find out more about a health condition you have or medications you take. It explains things in terms that are easy to understand.

Get to it through your secure Aetna Navigator[®] member website, at www.aetna.com.

*Not all topics in the audio health service are covered expenses under your plan.



We want you to know[®]



www.aetna.com